



MONTHLY
INFORMATION
FOR VETERANS

3rd District FYI

Issue Number: 3
Month: October
Year: 2021

Conference
Schedule

Mid Winter

Jan 8 & 9
Embassy Suites, Mufreesboro

Department
Convention

July 2 & 3
Marriot Cool Springs, Franklin

Basic Training Oct 9th
Post 95 Noon to 3 pm

District
Commander's
Visits

None

District
Commander's
Notes

Following posts need to
update Constitution & Bylaws:

11	100
14	107
50	148
68	236
95	291

District Adjutant
David Sherrill

District Membership
Chairperson Carla Bell

Taltn3rd@gmail.com

District 3 Commander, Ron White

basketguy@bledsoe.net

3rd District Website

www.taltn3rd.org

this issue

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Commander's Score

October is here. A wonderful time to enjoy fall, family and comrades. Football, leaves changing and veterans in need.

Third District has made many strides in helping veterans and our communities. Please see page 3 of this newsletter. Post 256 in Telicao Plains donated \$1000 to Our Place, a non-profit, non-sectarian adult day center serving residents of Loudon and Monroe Counties who have been diagnosed with mild to moderate Alzheimer's or other forms of dementia.

Halloween is coming quickly. Do you have your costume. Trick or Treat?

Let's celebrate the Navy's birthday, October 13. Thanks to all sailors!

Our National Commander is coming to Tennessee to visit. If you can attend any event on his calendar then please do so representing the 3rd District. Copy and paste this link for his schedule: <http://www.tennesseelegion.org/site/eventscalendar.php?y=2021&m=10>

If you should need any help with myLegion.org, then contact Adjutant David Sherrill at taltn3rd@gmail.com

Posts and Associated Auxiliary Units

The relationship between a Unit and a Post is one of cooperation rather than regulation. The American Legion Posts and American Legion Auxiliary Units are related but independent organizations.

The National Judge Advocate has issued the following ruling: An Auxiliary Unit supports the Post and is separately chartered by the Auxiliary National Constitution and Bylaws. The Auxiliary is tax exempt under section 501(c)(19) of the Code and is included in the group ruling to determine whether the Post meets membership requirements concerning exemption from federal income tax of a Post; "at least 75 percent of the members of which are past or present members of the Armed Forces of the United States and substantially all of the other members of which are individuals who are cadets or are spouses, widows, or widowers of past or present members of the Armed Forces of the United States or of cadets".

The members of a section 501(c)(19) auxiliary that is related to a Post are a separately formed organization and recognized as tax exempt and, therefore, the auxiliary members are not considered members of a Post.

Training Chalk Board

ABOUT THE LEGION

OUR PILLARS OF SERVICE

 <h3>VETERANS</h3> <ul style="list-style-type: none">VA benefit and appeal assistanceJob and career guidanceHomeless outreach	 <h3>YOUTH</h3> <ul style="list-style-type: none">ScholarshipsYouth programs and competitionsJunior ROTC and Scouting sponsorship
 <h3>DEFENSE</h3> <ul style="list-style-type: none">Military family supportComfort items for wounded servicemembersAdvocacy for troops and military in Washington, D.C.	 <h3>AMERICANISM</h3> <ul style="list-style-type: none">Flag respect educationCitizenship servicesSupport for the Pledge of Allegiance and National Anthem



Americanism

THE AMERICAN LEGION HIGH SCHOOL ORATORICAL SCHOLARSHIP PROGRAM: "A CONSTITUTIONAL SPEECH CONTEST" The American Legion Oratorical Scholarship Program helps high school students develop a deeper knowledge and understanding of the U.S. Constitution, teaches the importance of leadership, and provides participants with an understanding of the duties, responsibilities, rights and privileges of American citizenship. Each contest has two phases: an eight to 10-minute prepared oration and a three to five-minute assigned topic presentation. Department-level contests are usually held January through March. The national competition is conducted in Indianapolis in April. Scholarships are awarded at most levels of the competition, with the largest scholarships offered at the national level. In addition, each department winner who competes in the first round of the national contest receives a scholarship. Since 2010, The American Legion has established a collaborative relationship with the National Speech and Debate Association, a 501(c)3 not-for-profit honorary society recognized as a premier high school speech and debate organization in the United States. For additional information Visit legion.org/oratorical or email americanism@legion.org

A Donation to “Our PLACE” from within the American Legion Family



(L/R) Steve Buelow, American Legion Post 256 Commander together with Fran McKnight, spouse of deceased Roger McKnight, present a construction donation to Cynthia Rogers “Our PLACE” Board Member.

This donation of funds was a gift by American Legion Post 256 members to honor the passing of Roger McKnight of Tellico Village. In 2003, McKnight and 65 other veterans chartered Tellico Lake Post 256 of the American Legion. Those 65 veterans came from Tellico Village, Vonore, Greenback, Kahite, Rarity Bay and other parts of the surrounding community. Roger McKnight was a WWII veteran, a volunteer firefighter/first responder and a pillar of the community. It was because of his dedication to service and community that the members of Post 256 wanted to further his memory with this donation to *Our PLACE*.

Accepting the donation for *Our PLACE* was Cynthia Rogers spouse of deceased Jim Rogers, a member of Post 256. *Our PLACE* will be a licensed, non-profit, non-sectarian adult day center serving residents of Loudon and Monroe Counties who have been diagnosed with mild to moderate Alzheimer's or other forms of dementia. The new building is located opposite Food Lion at the intersection of SR 444 and SR 72 in Loudon. Besides allowing home caregivers some free time each day, participants will be offered a different program of activities suited to their abilities. These activities are designed to promote socialization and stimulation and may include music, exercise, crafts, games, pet therapy, reminiscence therapy and more. To learn more about *Our PLACE* go to www.ourplacetn.org. For additional information about the American Legion visit the Post 256 website: www.tellicolakepost256.org. Article and Photograph by James Patterson

Caregiver Services

VA offers a number of services that can provide you with the support that's right for you. Whether you and the Veteran you care for could use some help at home or you just need someone to listen, we're here to support you. Follow the link to learn more about the variety of services available to Family Caregivers.



Services for Family Caregivers of Veterans

The Program of Comprehensive Assistance for Family Caregivers (PCAFC) is expanding to all eras.

Expansion rolls out in two phases beginning with eligible Veterans who served on or before May 7, 1975, and phase two, beginning October 1, 2022, will include eligible Veterans who served between May 7, 1975, and September 11, 2001.

PCAFC, which prior to this expansion was only available for eligible Post-9/11 Veterans who incurred or aggravated a serious injury in the line of duty, provides resources, education, support, a financial stipend, health insurance, and beneficiary travel to caregivers of eligible Veterans.

Veterans with a 70% service-connected disability who served either on or after September 11, 2001, or on or before May 7, 1975, and are in need of Caregivers Support should contact their local [Caregivers Support Coordinator](#), or visit <https://www.caregiver.va.gov> for more information.



Questions?

Have questions about VA Caregiver Support Services? Contact VA's Caregiver Support Line (1-855-260-3274) or your [local Caregiver Support Coordinator](#) for assistance.

How to erase everything Google knows about you

By Komando Staff, Komando.com August 7, 2021 (part 2 or 3, continued from Newsletter 2, September 2021)

2. Read my lips: 'No data storage!'

Do you use Google Assistant? It's a handy way to set reminders, get quick answers and much more. But know this: Google also keeps tabs on those interactions with Google Assistant to improve its AI and personalize your account. If you're creeped out by this, you can delete those recordings.

1. Open your [Google Account](#) page.
2. From the left navigation panel, click on **Data & personalization**.
3. In the *Activity controls* panel, click on **Web & App Activity**, followed by **Manage Activity**. From this page, you'll see a list of your past activity — and items with the microphone icon indicate a recording.
4. Next to the items you want to delete, select the **three-dot icon** and then **Delete**.

INSIDE SCOOP: Last year, Google was called out, along with a handful of other tech companies, for using user recordings for research purposes. [Tap or click to catch up if you missed it.](#)

3. Ad blocking

Personalized ads might sound good on paper (cool, things you actually want!), but you may find it disturbing to see ads on other websites for the exact things you searched for moments ago. It's all part of how Google's ad system works, but you can opt out if you don't like it.

Here's how to turn off ad personalization:

1. Open your [Google Account](#) settings again.
2. From the left-hand panel, click on **Data & personalization**.
3. From the **Ad personalization** panel, click **Go to ad settings**.
4. Click the switch next to **Ad personalization is ON**. You should now see Ad personalization is OFF.

You can also turn off ad personalization for your browser by installing Google's [Interest-Based Ads Opt-Out](#) extension to your Chrome browser.

Once you've turned off personalized ads, Google won't be able to use your personal data to serve you advertisements. Don't expect them to disappear, though. Ads will still be targeted with information like your location (if you left the location option on above) or based on the site you're browsing.

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